

# THE ACCEPTANCE

ART OF

## SATURDAY, NOVEMBER 18, 2017

Is there a dragon in your house, in your workplace...  
is there a dragon living inside of you?  
Have you tried to ignore it? Asked it to go away? Yet it remains.

Acceptance can be a challenge both within and without. Let Lisa von Stamwitz guide you through story and reflection. Learn meditation tools that can lead to self-awareness gently transforming you and your dragon.

Register at [www.peacetreecenter.org](http://www.peacetreecenter.org) or email [director@peacetreecenter.org](mailto:director@peacetreecenter.org)



**Time: 1:00—4:30**

**Cost: \$30.00**

**Where: Peace Tree Spirituality Center**

**5718 N US-67 (Lindbergh Blvd)**  
**Florissant, Missouri 63034**



**Lisa von Stamwitz** is a Registered Nurse with a Master of Arts in Transforming Spirituality and training in Spiritual Direction from Seattle University. Her background is in church ministry and parish nursing, as well as professional storytelling. In her work with both individuals and groups, her focus is on sharing meditation tools that can deepen self-understanding and access inner wisdom through body/mind/spirit connections.